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Study Sheds New Insight into Female Painful Bladder Syndrome

Experimental trials for female painful bladder are rare and desperately needed, this randomized trial will be presented at the upcoming AUGS Annual Meeting

Chicago, IL, June 2020

Painful bladder syndrome (PBS), also known as Interstitial Cystitis (IC), affects a large population of women and sadly, this condition has been long overlooked by the medical community. The condition causes a combination of urinary urgency, frequency and pain; symptoms can be severe, even life-changing in some cases.

Dr. Gafni Kane describes a new study emerging from his center at NorthShore HealthSystem / University of Chicago as a potentially important one that may help to steer future treatment decisions for women suffering from PBS. "Women suffering from Painful Bladder Syndrome experience bladder pain, urinary urgency, urinary frequency, and frequent nighttime urination. Our team is committed to investigating the safest and most effective therapies for these disruptive and often difficult to treat symptoms."

"Historically, doctors have selected which treatment they thought would work best without comparative research guiding the choice. We recently completed our specialty's first prospective randomized trial (RCT) comparing two commonly used bladder instillations for the treatment of PBS/IC: dimethyl sulfoxide and a combination of marcaine, triamcinolone, and heparin. Our research shows that while women were helped by both treatments, that a greater percentage of women had relief from their pain with dimethyl sulfoxide. We were recently honored with oral presentations for this work at the annual meetings of the American Urogynecologic Society and the International Continence Society, and we're excited to share this important information with our patients and our colleagues."

Dr. Nani Moss, fellow in Female Pelvic Medicine and Reconstructive Surgery, will present the research on behalf of the research team which included Dr. Gafni-Kane, Dr. Goldberg, and senior author Dr. Sand.

Women's Pelvic Surgery Specialists: A Multidisciplinary team of experts providing innovative, comprehensive treatments to improve women's pelvic health and quality of life.

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